



TCAPT is proud to announce a workshop on stress and leadership presented by **Dr. Henry L (Dick) Thompson**. The workshop is based on his new book.

*The Stress Effect:
Why Smart Leaders Make Dumb Decisions—
And What to Do About It*



Put this date on your calendar.
Saturday, April 14, 2012
9:00 AM tentative start time

Several TCAPT members attended Dick's workshop at the APTi Conference on this topic. It was a **WOW** experience! We went to work immediately to get Dick to the Twin Cities so all our members can experience this timely, powerful and insightful program.

Workshop description from the APTi Conference

Dick Thompson's unique background as a psychologist, researcher and former Green Beret commander comes together in his newest work on understanding how stress affects a leader's decision-making ability. This research-based workshop draws on his newest book from Jossey-Bass, *The Stress Effect: Why Smart Leaders Make Dumb Decisions—And What to Do About It*.

Thompson writes

As I look around, I see examples every day of leaders who made very bad decisions. And these are not average leaders of small companies. These are sometimes very large companies and very bright leaders.

I also see examples of leaders who make great decisions, such as Captain Sully, pilot of US Airways flight 1549 ... I wanted to get at the heart of decision making, especially decision making under stress, and uncover why some leaders make good decisions under stress while others make very dumb decisions.

This presentation will add the dynamic of psychological Type and will focus on building leaders' resilience: how leaders can recognize stress, understand its impact on decision making, and build strategies based on Type preferences that help them avoid what I call Catastrophic Leadership Failure.